



**Government of West Bengal**  
**Department of Women and Child Development and Social Welfare**  
**10<sup>th</sup> floor, Bikash Bhavan, Salt Lake City, Kolkata-700091**

Memo No. 3566(24) – SW/3S-289/12 (Part-I)

Dated 15.07.2022

From: Smt. Sanghamitra Ghosh,  
Principal Secretary to Govt. of West Bengal

To: 1. Director of ICDS  
West Bengal

2-24. The District Magistrate – Alipurduar/ Bankura/ Birbhum/ Coochbehar/ Darjeeling /  
Dakshin Dinajpur/ Jalpaiguri/ Jhargram/ Uttar Dinajpur/ Hooghly/ Howrah/ Kalimpong/  
Kolkata/ Malda/ Murshidabad / Nadia / North 24 Parganas / Paschim Bardhaman / Paschim  
Medinipur/ Purba Bardhaman /Purba Medinipur/ Purulia/ South 24 Parganas

**Sub: SNP menu in fully operational Anganwadi centres**

Madam /Sir,

As you are aware, Anganwadi centres have been made fully operational across state w.e.f 15<sup>th</sup> June 2022 resuming all services for the targeted beneficiaries. As the centres will now continue to function for the full duration, the complete package of Supplementary nutrition consisting of Morning Snacks and Hot cooked meal for all children 6 months to 6 years, Additional THR to Severely malnourished children 6 months to 6 years (in addition to Morning snack and Hot cooked Meal), and Hot cooked meal for Pregnant and lactating women is to be served as per enclosed details. This will supersede all previous orders regarding SNP menu, and will take immediate effect.

Yours faithfully,

**Principal Secretary to Government of West Bengal**

**Encl. As above- six (06) sheets**

Memo No. 3566(24)/1(32)- SW/3S-289/12(Part-I)

Dated 15.07.2022

Copy forwarded for information and action to:

1. The Joint Secretary to Government of India, Ministry of Women and Child Development, Shastri bhavan, New Delhi 110001
2. The Director (ICDS), Ministry of Women and Child Development, Shastri Bhavan, New Delhi 110001
3. P.S. to HMIC, Department of Women and Child Development and Social Welfare, 10<sup>th</sup> floor, Bikash Bhavan, Salt Lake City, Kolkata-700091
4. Nutrition Specialist ( UNICEF), Kolkata
5. – 28. DPO (ICDS)- Alipurduar/ Bankura/ Birbhum/ Coochbehar/ Darjeeling / Dakshin Dinajpur/ Jalpaiguri/ Jhargram/ Uttar Dinajpur/ Hooghly/ Howrah/ Kalimpong/ Kolkata/ Malda/ Murshidabad / Nadia / North 24 Parganas / Paschim Bardhaman / Paschim Medinipur/ Purba Bardhaman /Purba Medinipur/ Purulia/ South 24 Parganas

**Additional Secretary to Government of West Bengal**

## Revised day wise menu of SNP in ICDS

Day/ Target bens	Menu for 1st / 3rd / 5th day of every week								Menu for 2nd / 4th / 6th day of every week								Average per day cost per head (Rs.)	Additional Weekly THR for SM			Total Average per day cost per head as per applicable provision (Rs.)
	Target beneficiaries	Morning snacks	Nutritive value	Cost (Rs.)	HCM	Nutritive value	Cost (Rs.)	Total nutritive value	Total cost (Rs.)	Morning snacks	Nutritive value	Cost (Rs.)	HCM	Nutritive value	Cost (Rs.)	Total nutritive value		Total cost (Rs.)	RTE Quantiity	Nutritive value	
All children 6m- 6yrs	RTE (PUSHTI) - 35 gms	137.6 kcal energy 5.4 gm of protein	1.67	Rice served with Full egg curry	364.0 kcal of energy 16.5 gm of protein	6.92	501.6 kcal of energy 21.9 gm of protein	8.59	Boiled egg poultry - half	86.5 kcal energy 6.7 gm of protein	3.25	Khichri with potato & vegetable	414.4 kcal of energy 12.9 gm of protein	4.16	500.9 kcal of energy 19.5 gm of protein	7.41	8.00	nil	0	0.00	8.00
Severely malnourished children 6m - 6yrs	RTE (PUSHTI) - 35 gms	137.6 kcal energy 5.4 gm of protein	1.67	Rice served with Full egg curry	364.0 kcal of energy 16.5 gm of protein	6.92	501.6 kcal of energy 21.9 gm of protein	8.59	Boiled egg poultry - half	86.5 kcal energy 6.7 gm of protein	3.25	Khichri with potato & vegetable	414.4 kcal of energy 12.9 gm of protein	4.16	500.9 kcal of energy 19.5 gm of protein	7.41	8.00	RTE (PUSHTI) - 500 gms (R/O) of Orange pack as weekly THR - for consumption of 84 gms every day	330.7 kcal energy 13.0 gm of protein	4.00	12.00
P&L women	nil	0	0.00	Rice served with Full egg curry and potato	600.7 kcal of energy and 20.8 gm of protein	7.80	600.7 kcal of energy and 20.8 gm of protein	7.80	nil	0	0.00	Khichri with potato & vegetable plus one full egg boiled	601.9 kcal energy and 26.4 gm of protein	11.20	601.9 kcal energy and 26.4 gm of protein	11.20	9.50	nil	0	0.00	9.50



Principal Secretary to Government of West Bengal

**DAY WISE SNP MENU FOR ICDS BENEFICIARIES**

Menu for Day 1,3,& 5

for Children 6 months - 6 years ( Morning snacks and Hot coked meal)

Recommended Allowances: 500 Kcal; Protein : 12-15 gm

RTE as Morning Snacks and Rice served with full egg curry as Hot coked meal on 1st/ 3rd/ 5th days of every week

<b>Morning Snacks</b>	35 gms of PUSHTI @ Rs. 1.67 per day to be provided for consumption at AWCs every alternate day
	Ingredients : Roasted and crushed wheat - 17 gm (Rs.0.32) , roasted and crushed bengal gram 8 gm ( Rs.0.44), roasted and crushed ground nut 6 gm (Rs. 0.40) and castor sugar / crushed sugar 4 gm ( Rs.0.17)
	Admissible handling charges of Rs.0.23 per 35 gm per day and Wastage cost of raw materials used for production Rs. 0.11 per 35 gm per day
	Nutritive value per 35 gm per day : Energy 137.6 kcal and protein 5.4 gm
	Cost per head per day : Rs.1.67

*Note: RTE PUSHTI shall be fed to children 6m-6 yrs as spot feeding at AWCs from PUSHTI - Green colour pack*

<b>Hot cooked Meal</b>	Rice served with full egg curry
	Ingredients: Subsidised Fortified rice - 50 gm @ Rs. 0.73 per kg ( Rs. 0.04), one full Egg (Poultry) @ Rs. 6.50 per pc , Mustard oil 2ml @ Rs. 166.00 per litre bottle ( Rs.0.36), iodized salt 2 gm @ Rs. 11.00 per kg (Rs.0.02)
	Nutritive value: 364.0 Kcal and protein 16.5 gm
	cost per head per day : Rs. 6.92

*Note: Rs. 3.00 per Kg of fortified rice shall be subsidised by state additionally*

**NUTRITIVE VALUE AND COST CALCULATION OF THE SNP MENU**

Total energy with Egg ( Kcal)	501.6
Total Protein with Egg (gm)	21.9
Total cost (Rs.)	8.59

*Sanghamita Ghosh*

Principal Secretary to Government of West Bengal

DAY WISE SNP MENU FOR ICDS BENEFICIARIES

Menu for day 2,4, & 6

for children 6 months - 6 years ( Morning snacks and Hot coked meal)

Recommended Allowances: 500 Kcal; Protein : 12-15 gm

One Boiled egg - Poultry (half) as Morning Snacks and Khichdi with potato and vegetables as Hot Cooked Meal on 2nd / 4th / 6th days of every week

Morning  
Snacks

One Boiled egg - Poultry (half)

Ingredients : Egg- Boiled - Half

Nutritive value : Energy 86.5 kcal and protein 6.7 gm

Cost per head per day : Rs. 3.25

Hot cooked  
Meal

Khichdi with potato and vegetables

Ingredients: Subsidised fortified rice 75 gm @ Rs. 0.73 per kg ( Rs. 0.05), Masoor dal 30 gm @ Rs. 88.00 per kg ( Rs.2.64), potato 35 gm @ Rs.28.00 per kg ( Rs.0.98), Vegetables @ Rs.0.11 per head per day, Mustard oil 2ml @ Rs. 166.00 per litre bottle ( Rs.0.36), iodized salt 2 gm @ Rs. 11.00 per kg (Rs.0.02)

Nutritive value: 414.4 Kcal, and Protein: 12.9 gm

Cost : Rs. 4.16

*Note: Rs. 3.00 per Kg of fortified rice shall be subsidised by state additionally*

NUTRITIVE VALUE AND COST CALCULATION OF THE SNP MENU

Total energy with Egg (Kcal)	500.9
Total Protein with Egg (gm)	19.5
Total cost (Rs.)	7.41

*Sanchamitra Ghosh*

Principal Secretary to Government of West Bengal

**Additional THR of RTE**

for severely malnourished children 6 months - 6 years

**Recommended Allowances: 800 Kcal ( 500 Kcal + Addl. 300 Kcal)**

**Protein : 22 -25gm (12-15 gm + Addl. 10 gm)**

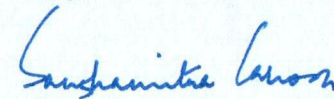
**Additional THR of RTE (PUSHTI) for Severely Malnourished children**

<b>Additional THR</b>	<b>RTE ( PUSHTI - 84 gms of RTE to be consumed everyday) - to be provided in a pack of 500 gms ( PUSHTI - Orange pack) as weekly THR</b>
	<b>Ingredients : Roasted and crushed wheat 40 gm (Rs.0.76), roasted and crushed Bengal gram 19 gm (Rs.1.06), roasted and crushed ground nut 15 gm ( Rs. 0.98) and castor sugar / crushed sugar 10 gm ( Rs. 0.38)</b>
	<b>Handling charges of Rs. 0.55 and Wastage cost of raw materials used for production Rs. 0.27</b>
	<b>Nutritive value : Energy 330.7 kcal and protein 13.0 gm</b>
	<b>Cost per head per day : Rs.4.00</b>

**NUTRITIVE VALUE AND COST CALCULATION OF THE SNP MENU**

<b>Total energy (Kcal)</b>	<b>330.7</b>
<b>Total Protein (gm)</b>	<b>13.0</b>
<b>Total Cost ( Rs.)</b>	<b>4.00</b>

**Note: The RTE shall be provided as weekly THR in 500 gm pack (Orange pack of PUSHTI with admissible packaging loss of 4 gms per 504 gms of PUSHTI pack) to the identified Severely Malnourished for consumption over 6 days in a week**



**Principal Secretary to Government of West Bengal**

DAY WISE SNP MENU FOR ICDS BENEFICIARIES

for P&L women

Menu for day 1, 3 & 5

Recommended Allowances: 600 Kcal; Protein : 18-20 gm

Hot  
cooked  
Meal

Rice served with full egg curry and potato on 1st/ 3rd/ 5th days of every week

Ingredients: Subsidised Fortified rice - 110 gm @ Rs. 0.73 per kg ( Rs. 0.08), one full Egg (Poultry) @ Rs. 6.50 per pc , Potato 30 gm @ Rs. 28.00 per kg ( Rs. 0.84), Mustard oil 2 ml @ Rs. 166.00 per litre bottle ( Rs.0.36), iodized salt 2 gm @ Rs. 11.00 per kg (Rs.0.02)

Nutritive value: 600.7 Kcal and protein 20.8 gm

Cost per head per day : Rs.7.80

*Note: Rs. 3.00 per Kg of fortified rice shall be subsidised by state additionally*

NUTRITIVE VALUE AND COST CALCULATION OF THE SNP MENU

Total energy with Egg ( Kcal)	600.7
Total Protein with Egg (gm)	20.8
Total cost (Rs.)	7.80

*Sanchamitra Ghosh*

Principal Secretary to Government of West Bengal

DAY WISE SNP MENU FOR ICDS BENEFICIARIES

for P&L women

Menu for day 2,4 & 6

Recommended Allowances: 600 Kcal; Protein : 18-20 gm

Hot cooked Meal	Khichdi with potato and vegetables plus one full egg boiled on 2nd / 4th / 6th days of every week
	Ingredients: Subsidised fortified rice 75 gm @ Rs. 0.73 per kg ( Rs. 0.05), Masoor dal 30 gm @ Rs. 88.00 per kg ( Rs.2.64), potato 50 gm @ Rs.28.00 per kg ( Rs.1.40), Vegetables @ Rs.0.23 per head per day, Mustard oil 2ml @ Rs. 166.00 per litre bottle ( Rs.0.36), iodized salt 2 gm @ Rs. 11.00 per kg (Rs.0.02), and one full - Poultry egg @ Rs. 6.50 per pc

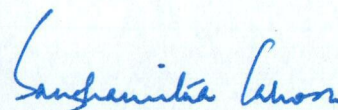
Nutritive value: 601.9 Kcal, and Protein: 26.4 gm

Cost : Rs. 11.20

*Note: Rs. 3.00 per Kg of fortified rice shall be subsidised by state additionally*

NUTRITIVE VALUE AND COST CALCULATION OF THE SNP MENU

Total energy with Egg ( Kcal)	601.9
Total Protein with Egg (gm)	26.4
Total cost (Rs.)	11.20



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